



# Let it Grow for Nature

Join the #NoMowMay movement

Help nature by letting your lawn grow long!

Approximately 97% of flower-rich meadows have been lost since the 1930s, but No Mow May can make a difference. Leaving your garden or green space to grow longer in some places, helps give wildlife the boost it needs.

So help nature from your doorstep! With more than 23 million gardens in the UK, the smallest grassy area can be a buzzing lifeline for wildlife.

Scan the QR code or visit [plantlife.org.uk/nomowmay](https://plantlife.org.uk/nomowmay)

